

REBOOT



Good Practice Brochure - Evaluation



AGE ACTIVELY
by Improving your
KNOWLEDGE
& Competences



Lifelong
Learning
Programme

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Introduction

One of the very important elements of the Reboot Project was to share examples of good practices: activities developed by the project Partners as well as other co-operating organisations. Dissemination of good practices has taken place in various forms: they were presented during project meetings and the final conference in Narlıdere as well as in a written form. One of the documents was a good practice toolkit: a collection of examples from all partner countries with a description facilitating its implementation for the institutions dealing with the problems of elderly persons. The toolkit was based on another one: the Good Practice Brochure, which was produced to “present the policies, services and needs related to the ageing population and pensioners in partners countries and work on the term of total social inclusion.

In the Good Practice Booklet the project and the partners are presented in order to give a complete overview of the intense research phase carried out by the partnership and its results. The Reboot partners summarized some of the main products of the Reboot project and the results achieved.

The first result presented is the report on the situation of the elderly in partners countries. This document, based on a desktop research, shows a comparison of various elements in different countries, like the labour market participation of older adults, the social inclusion, the use of ICT and some others indicators.

The second product is a report based on a research that highlight the needs of the elderly in partner countries. The research is based on a questionnaire filled in by 155 people in all partner’s countries.

The third product is a collection of the various services provided to the elderly in partners countries. The services cover different areas: employment, education, health, cultural and social activities, accommodation and daily care, transport.

A specific section is dedicated to the national legislations that regulate the various aspects of the elderly life: health, retirement, accommodation etc. (...)

The main section of the document consists of a collection of relevant case studies related to active ageing. Each partner has provided at least 3 case studies in order to highlight some best practices in active ageing. The activities presented could be shared and implemented by other people all over Europe.”

The Good practice Brochure was evaluated by organisations co-operating with Project Partners and who work with elderly persons on a regular basis. Representatives of these organisations were asked to get acquainted with the Brochure, analyse it and fill in an online questionnaire (or provide responses to the Partner Organisation).

The questionnaire was designed in a way, which allowed to evaluate both the Brochure itself and the good practice examples from the perspective of responding organisations themselves and also from the broader perspective of a country or region.

Below we will present the outcome of the questionnaire and in the closing remarks we will present a brief comment.

2. The outcomes of the questionnaire

Question 1 .

The "Good Practice" Brochure is interesting and easy to read						
Answer Options	Very much	Quite	Rather not	Not at all	Rating Average	Response Count
Interesting	10	1	0	0	1,09	11
Easy to read	8	2	0	0	1,20	10
Remarks						2

Number	Response Date	Remarks	Categories
		there are some problems connecting with foreign language	

i think the brochure is easy to read. The content at the beginning makes clear what you can expect as a reader.

Most of the readers find the brochure interesting and easy to read, even though there are language problems, as the brochure was not translated to all national languages.

Question 2.

The description of the project helps to understand its aims and situation of seniors in partner's countries		
Answer Options	Response Percent	Response Count
Yes	100,0%	11
No	0,0%	0
Partly (please specify below)	0,0%	0
Comments		0

Question 3.

The good practice examples in the brochure, help to understand the situation of seniors in partner countries		
Answer Options	Response Percent	Response Count
Yes	100,0%	11
No	0,0%	0
Partly (please explain below)	0,0%	0
Comments		0

One of the aims of the brochure, apart from dissemination of good practice examples was to present different aspects of specific situation of seniors in the partnering countries. The answers indicate that the aim was well served both by the project description which sets a context to the good practice examples and by the case studies as well.

Question 4.

Are the good practices in general useful to plan activities for seniors and their active aging in your country/organisation? (Please add comments wherever you find appropriate)

Answer Options	Very relevant	Quite relevant	Rather not relevant	Not relevant at all	Rating Average	Response Count
Country	6	5	0	0	1,45	11
Region	7	4	0	0	1,36	11
Organisation	6	5	0	0	1,45	11
What makes the products useful or not?						2

What makes the products useful or not?

They are useful as a start or inspiration, but to organise it, it may be useful to get more information or to develop a template that is more suitable towards the own local situation limited financial resources

Most of the respondents assessed that the presented examples were relevant both to their own organisation and adaptable to the other activities carried out in the country or region.

Question 5.

The good practices presented in the Good Practice Brochure are described in a clear way

Answer Options	Response Percent	Response Count
Yes	100,0%	11
No (Why not?)	0,0%	0

The Authors of good practice Brochure should also be glad to hear that the readers find it clear and understandable.

Question 6.

The good practices described are interesting for the planning of activities encouraging to active aging

Answer Options	Yes	Quite	No	Response Count
GENERATIONS FOR EACH OTHER	11	0	0	11
GROCERIES AND MEDICATION @ HOME	9	2	0	11
ZORGSLOT	8	3	0	11
SHOPPING AND BREAKFAST AT IPER ROSSINI	10	1	0	11
READING THE NEWSPAPER AND REMEMBERING	11	0	0	11
Short visits in the city	11	0	0	11
WINDOW ON THE WORLD II	9	2	0	11
TIME BANK - BANK OF KINDNESS	10	1	0	11
CLUB "SENIOR WITH THE IDEA"	10	1	0	11
TEACHING ME TEACHING YOU	11	0	0	11
THE HEART OF BALÇOVA (BAK)	10	1	0	11
ASSISTED LIVING AREAS (ALA)	11	0	0	11
SEFTON CARERS VOLUNTEERS	10	1	0	11
STAYING ACTIVE AND CONNECTED FOLLOWING HEART SURGERY	9	2	0	11
SEFTON PARTNERSHIP FOR OLDER CITIZENS (S.P.O.C.)	10	1	0	11
THE COMMUNITY HEALTH AMBASSADOR TEAM.(CHATS.)	11	0	0	11
AGES 2.0	9	2	0	11

comments

- All the proposal are interesting, but are provided in different backgrounds (there are some differences among countries connected with culture, tradition, psychological conditions etc.)
- the Italian respondents have evaluated the whole good practice brochure and not the good practices separately

Question 7.

The next part of the questionnaire concerned the case studies presented. The respondents were asked about suitability of good practices presented to planning activities which encourage active ageing. Even though most of them were assessed positively the respondents also noticed that there are important differences among the countries which will not allow to apply the presented examples directly but to take them as a point of departure or inspiration for planning future activities.

Which example of good practice(s) could be adapted for your organisation or for your country?							
Answer Options	Organisation : useful	Organisation : useful if adapted	Organisation: not useful	Country: useful	Country: useful if adapted	Country: not useful	
GENERATIONS FOR EACH OTHER	5	2	0	4	0	0	
GROCERIES AND MEDICATION @ HOME	0	5	1	4	1	0	
ZORGSLLOT	0	5	1	4	1	0	
SHOPPING AND BREAKFAST AT IPER ROSSINI	4	3	0	4	0	0	
READING THE NEWSPAPER AND REMEMBERING	6	1	0	4	0	0	
Short visits in the city	6	1	0	4	0	0	
WINDOW ON THE WORLD II	5	2	0	4	0	0	
TIME BANK - BANK OF KINDNESS	5	2	0	4	0	0	
CLUB "SENIOR WITH THE IDEA"	5	2	0	4	0	0	
TEACHING ME TEACHING YOU	6	1	0	4	0	0	
THE HEART OF BALÇOVA (BAK)	2	3	1	4	1	0	
ASSISTED LIVING AREAS (ALA)	1	4	1	4	1	0	
SEFTON CARERS VOLUNTEERS	4	3	0	4	0	0	
STAYING ACTIVE AND CONNECTED FOLLOWING HEART SURGERY	4	2	1	3	0	0	
SEFTON PARTNERSHIP FOR OLDER CITIZENS (S.P.O.C.)	2	5	0	4	0	0	
THE COMMUNITY HEALTH AMBASSADOR TEAM.(CHATS.)	1	6	0	3	1	0	
AGES 2.0	2	5	0	4	0	0	

The table above reflects opinions of the respondents about usefulness of the good practice examples in various countries. In the comments the respondents noticed that in many cases

the possible implementing of a similar activity to a large extent depends on financial resources available.

Question 8.

The next question concerned sustainability of the Reboor products and the respondents were asked to present their comments, which are shown below.

How do you judge the sustainability of the REBOOT products?

Most of the products will be useful now and in the long term.

We have to be aware though that societies are constantly changing and that the ways to address the needs of elderly people (and the concept of active ageing) will change too. There has to be a flexibility in applying the products. Some will prove to be sustainable, others will be less so.

Very good

Very good

I think every good practice is useful and possibly sustainable but some of them ask more finances and policy decision making on a higher level what makes it a bit more difficult.

positive

The more effective best practices are those that fight isolation and marginalisation. It's important to foster the collaboration with the local communities and associations, the creation of intergenerational centres.

the Reboot products could help to organise focus group or surveys with seniors related to their activities and experiences.

In general the Reboot products are sustainable. Some good practices such as the services of cardiology and thoracic surgery need specialized structures and personnel and are not sustainable for all the organisations..

The Reboot products will serve as the rationale of several local, regional, national and international projects.

Question 9.

Please rate the good practices examples taking into account their usefulness for seniors in your country/region. Please add comments wherever you find it appropriate.

Answer Options	Very useful	Quite useful	Not very useful	Not useful at all	Impossible to implement
GENERATIONS FOR EACH OTHER	6	1	0	0	0
GROCERIES AND MEDICATION @ HOME	3	4	0	0	0
ZORGSLOT	3	4	0	0	0
SHOPPING AND BREAKFAST AT IPER ROSSINI	3	3	0	0	0
READING THE NEWSPAPER AND REMEMBERING	7	0	0	0	0
Short visits in the city	6	0	0	0	0
WINDOW ON THE WORLD II	5	2	0	0	0
TIME BANK - BANK OF KINDNESS	6	1	0	0	0
CLUB "SENIOR WITH THE IDEA"	6	1	0	0	0
TEACHING ME TEACHING YOU	7	0	0	0	0
THE HEART OF BALÇOVA (BAK)	6	1	0	0	0
ASSISTED LIVING AREAS (ALA)	5	2	0	0	0
SEFTON CARERS VOLUNTEERS	6	1	0	0	0
STAYING ACTIVE AND CONNECTED FOLLOWING HEART SURGERY	6	1	0	0	0
SEFTON PARTNERSHIP FOR OLDER CITIZENS (S.P.O.C.)	4	3	0	0	0
THE COMMUNITY HEALTH AMBASSADOR TEAM.(CHATS.)	4	3	0	0	0
AGES 2.0	3	4	0	0	0

Finally the respondents were asked to judge usefulness of the good practices for the seniors themselves. In this case the answers were also positive.

3. Concluding remarks

The Good practice Brochure was designed to fulfil two main goals: to present specific situation and problems of the elderly persons in partner countries through examples of good practices, which aim is to enhance the quality of living of this group of persons.

The second aim was to inspire organisations and persons engaged in work with elderly persons by presenting activities which are successfully carried out in various partner countries.

The questionnaire presented above demonstrates that both goals were reached successfully: the Brochure serves as an illustration of the situation of elderly persons, it is clear and easy to read, even though some readers encountered language problems.

Not all examples of good practices can be copied in other countries: some require financial support, which may be lacking, some are rooted in specific social background, still most of the readers see them as good starting point to develop new activities in their organisations, regions and the countries.

Certainly the Brochure could reach a wider range of readers if it were translated into national languages. It is also useful to read it together with a Good Practice Toolkit, which demonstrated in practical terms how the given activities can be developed.

All of this certainly contributes also to sustainability of the Reboot Project.

Partners

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